



**Honduras Missions Trip**  
Buffalo Dream Center  
286 Lafayette Avenue  
Buffalo, New York 14213  
(716) 854-1001  
information@buffalodreamcenter.org  
www.buffalodreamcenter.org

**NAME and DATE OF TRIP(S) YOU WANT TO PARTICIPATE IN:**

\_\_\_\_\_

\*Please complete this form and return it to the Buffalo Dream Center along with a \$50.00 deposit.

**Personal Information**

Full Name: \_\_\_\_\_  
Last Name First Middle

Address: \_\_\_\_\_  
Street Address

\_\_\_\_\_  
City State / Prov. Zip / Postal Code

Phone Number: \_\_\_\_\_ Other Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Sex: Male Female Married: YES NO Date of Birth: \_\_\_\_\_

Country of Citizenship: \_\_\_\_\_ Current Passport Holder: YES NO

If yes, expiry date: \_\_\_\_\_

**Miscellaneous Information**

Do you presently use tobacco? YES NO

Do you presently use alcohol? YES NO

Have you ever used illegal or habit-forming drugs? YES NO

Date you last used illegal or habit-forming drugs: \_\_\_\_\_  
Day / Month / Year

Do you have a criminal record? YES NO

If so, attach a letter explaining. Please include all charges and sentences.  
The Buffalo Dream Center reserves the right to run a criminal background check on every perspective volunteer.

**Emergency Information**

Nearest relative to be notified in case of emergency:

Full Name: \_\_\_\_\_  
Last Name First Middle

Address: \_\_\_\_\_  
Street Address

\_\_\_\_\_  
City State / Prov. Zip / Postal Code

Phone Number: \_\_\_\_\_ Secondary Number: \_\_\_\_\_

E-mail Address: \_\_\_\_\_

Sex: MALE FEMALE Relationship: \_\_\_\_\_

**Medical History and Information**

Your general health: \_\_\_\_\_ Excellent    \_\_\_\_\_ Good    \_\_\_\_\_ Fair    \_\_\_\_\_ Poor

Do you have any physical disability? YES NO      If yes, please explain.

\_\_\_\_\_

Have you ever been treated for any mental or emotional condition? YES    NO    If yes, please explain.

\_\_\_\_\_

Please list all existing medical conditions including allergies:

\_\_\_\_\_

\_\_\_\_\_

If you have allergies, are they life threatening?    YES      NO                      If yes, please explain.

\_\_\_\_\_

Please list all medication you are currently taking:

\_\_\_\_\_

Will any problems result in hard physical labor?    YES      NO

Are you unusually sensitive to heat?    YES      NO

Have you ever been completely or partially overcome by heat?    YES      NO

If any of the above questions were answered yes, please explain:

\_\_\_\_\_

**Medical Insurance Information (Optional):**

Name of Medical Doctor: \_\_\_\_\_

Phone number: \_\_\_\_\_

Insurance Information (Carrier/Number/name of person who carries the insurance):

\_\_\_\_\_

\_\_\_\_\_

**Instructions:** Each person participating in ministry through Love Honduras must sign a Liability Waiver and release. Also must read and sign the regulations.

**Liability Waiver and Medical Release: Fill out if ages 18 years and older**

**Notice:** This is a binding legal document. Please read carefully and sign. Consult an attorney if you have any questions. It is a release of claims and hold harmless for future accidental injuries or death of the participant and all of his or her family members. It is also an authorization for emergency medical or dental care for the participant.

I, the undersigned, a legal adult and participant, listed below:

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Adult Participant's full name Birth date (MM/DD/YEAR)

Wish to voluntarily participate in the activity/event described below.

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Dates/time frame: \_\_\_\_\_

1. I have inquired about the activity to my satisfaction and am aware of all the inherent dangers and hazards of the above activity/event and the benefits to be gained by myself, the participant, engaging in the activity/event.
2. By signing this form, I understand and agree that neither Buffalo Dream Center, hereinafter known as BDC and Love Honduras hereinafter known as LH, nor its agents, officers, directors, employees, volunteers, or ministry partners may be held liable in any way for any occurrence in connection with the above activity/event which may result in illness, injury, death, or other dangers to myself, the participant, or my heirs, family members, or assigns. I waive any such claim for compensation, liability, or reimbursement of any incurred expenses as a result of illness, injury, death or other medical expenses.
3. By signing this form, I understand and agree that neither the BDC/ LH, nor its agents, officers, directors, employees, volunteers, or ministry partners may be held liable in any way for any lost, stolen, or damaged property belonging to myself, the participant, or my heirs, family members, or assigns. I waive any such claim for compensation, liability, or reimbursement of incurred expenses.

4. For being allowed to participate in the above activity/event, myself, the participant and all my family members, heirs, or assigns personally assume all risks in connection with the activity. I release BDC/LH, its agents, officers, directors, employees, volunteers, or ministry partners from any injury or damage, which may befall me while engaged in the above activity/event. This release includes all risks connected with the activity/event, whether foreseen or unforeseen. I further agree to save and hold harmless BDC/LH and the above named persons from any claim by me, or family members, estate, heirs, or assigns arising out of the participation in the above activity/event.

5. I authorize any ambulance or hospital emergency service that may be rendered necessary to myself, the participant. I understand that I, the participant, assumes responsibility for the payment of the ambulance, doctor, dentist, or hospital fees. I waive any such claim for compensation, liability, or reimbursement of incurred expenses.

6. By signing this waiver, I understand that in the event I, the participant, is sent home or has to leave early from the activity/event listed above, I assume all expenses related to and necessary for the early departure such as but not limited to car rental, transportation expenses, gas expenses, lodging, meals, and airfare. I waive any such for compensation or reimbursement of such expenses.

7. Further I give my permission for any and all pictures, audio, videos, or personal testimonies to be used in part or in whole in any and all future publications printed or recorded, (audio or video), without prior notification or royalties by the BDC/LH team.

8. Furthermore, I state that I, the participant, am at least 18 years of age and am legally competent to sign this agreement and release; I understand the terms in this agreement and release are contractual and not a mere recital; I have fully informed myself of this agreement and release by reading it before I signed it. I have had the opportunity to consult with legal counsel regarding the effect of this agreement and release, should I so desire. I have signed this document of my own free act.

Dated this \_\_\_\_\_ Day of \_\_\_\_\_ 20\_\_\_\_\_

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Full legal name of Participant (must be 18 years of age or older)

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Signature of Participant (must be 18 years of age or older)

**Liability Waiver and Medical Release: Fill out if under the age of 18 years**

**\*\*\* Must be notarized.**

**Notice:** This is a binding legal document. Please read carefully and sign. Consult an attorney if you have any questions. It is a release of claims and hold harmless for future accidental injuries or death of the participant and all of his or her family members. It is also an authorization for emergency medical or dental care for the participant. This document must be notarized in the event the participant is under 18 years of age.

I, the undersigned, the parent or legal guardian, of the minor listed below:

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Minor's full name Birth date (MM/DD/YEAR)

Agree to the terms of this waiver and consent for the activity described below.

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Dates/time frame: \_\_\_\_\_

1. I have inquired about the activity to my satisfaction and am aware of all the inherent dangers and hazards of the above activity/event and the benefits to be gained the participant engaging in the activity/event.
2. By signing this waiver, I understand and agree that neither Buffalo Dream Center, hereinafter known as BDC and Love Honduras hereinafter known as LH, nor its agents, officers, directors, employees, volunteers, or ministry partners may be held liable in any way for any occurrence in connection with the above activity/event which may result in illness, injury, death, or other dangers to the participant, heirs, family members, or assigns. I waive any such claim for compensation, liability, or reimbursement of any incurred expenses as a result of illness, injury, death or other medical expenses.
3. By signing this waiver, I understand and agree that neither the BDC/LH, nor its agents, officers, directors, employees, volunteers, or ministry partners may be held liable in any way for any lost, stolen, or damaged property belonging to the participant, heirs, family members, or assigns. I waive any such claim for compensation, liability, or reimbursement of incurred expenses.

4. For being allowed to participate in the above activity/event, the participant and all my family members, heirs, or assigns personally assume all risks in connection with the activity. I release BDC/LH, its agents, officers, directors, employees, volunteers, or ministry partners from any injury or damage, which may befall the participant while engaged in the above activity/event. This release includes all risks connected with the activity/event, whether foreseen or unforeseen. I further agree to save and hold harmless BDC and the above named persons from any claim by me, or family members, estate, heirs, or assigns arising out of the participation in the above activity/event.

5. I authorize any ambulance, hospital emergency service or dental emergency service that may be rendered necessary for the participant. I understand that I assume responsibility for the payment of the ambulance, doctor, dentist, or hospital fees incurred in treating the participant. I waive any such claim for compensation, liability, or reimbursement of incurred expenses.

6. By signing this waiver, I understand that in the event the participant is sent home early from the activity/event listed above, that I assume all expenses related to and necessary for the early departure such as but not limited to car rental, transportation expenses, gas expenses, lodging, meals, and airfare. I waive any such claim for compensation or reimbursement of such expenses.

7. Further I give my permission for any and all pictures, audio, videos, or personal testimonies to be used in part or in whole in any and all future publications printed or recorded, (audio or video), without prior notification or royalties by the BDC/LH team.

8. Furthermore, I state that I am at least 18 years of age, the legal guardian or parent of the participant, and am legally competent to sign this agreement and release; I understand the terms in this agreement and release are contractual and not a mere recital; I have fully informed myself of this agreement and release by reading it before I signed it. I have had the opportunity to consult with legal counsel regarding the effect of this agreement and release, should I so desire. I have signed this document of my own free act.

Dated this \_\_\_\_\_ Day of \_\_\_\_\_ 20 \_\_\_\_\_

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Full legal name of parent/guardian

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Signature of parent/guardian

## Buffalo Dream Center/Love Honduras Team Member Rules and Guidelines

Please read carefully and sign at the end.

1. Submission and respect by Volunteer is to be shown to leadership and staff of the Buffalo Dream Center/Love Honduras at all times.
2. Realizing that the city or country being visited is culturally different than where Volunteer is from, Volunteer will not question or argue with the leadership and staff of the Buffalo Dream Center /Love Honduras regarding the way they operate the various ministries.
3. Volunteer is expected to follow the same daily schedule as the leadership, staff, and other volunteers of the Buffalo Dream Center/Love Honduras
4. No new romantic relationships will be tolerated among team members.
5. Volunteer is expected to provide his/her own spending money while on the trip. This amount should be based upon volunteer's own spending habits.
6. Volunteer is responsible to provide any extra snacks and special food items he/she requires.
7. Smoking on the mission trip is prohibited.
9. No alcoholic beverages, illegal drugs, or pornography are allowed at any time or in anyone's possession while on the missions trip.
10. Volunteer's sleeping area is to be kept clean at all times.
11. Proper dress is required at all times. Please see "Dress Code" below.

I understand that failure to comply with one or more of these policies could result in my immediate dismissal from property and/or ministry. In the event of a dismissal there will be no refunds for the remainder of the scheduled trip.

I agree to abide by the rules and regulations set forth by the Buffalo Dream Center/Love Honduras, and I understand that they may change from time to time due to circumstances that dictate such changes.

I agree to fully support the leadership and staff of the Buffalo Dream Center/ Love Honduras in word and conduct. I will remain positive and flexible. I understand that they are responsible for the performance, behavior and safety of each team member and have the right to request that a rebellious member or group leader be sent home at any point during the mission trip, at his or her own cost.

Name of Participant (Print): \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

### **Dress Code**

1. Volunteers need to understand that there is a problem with lust and sexual immorality in Honduran culture even more so than at home. Churches expect Christians to dress more conservatively than you are probably accustomed to. Also, dressing more conservatively will eliminate unwanted comments and minimize problems in this area.

2. The climate of Honduras is generally hot but can cool off at night and can be cool in high altitudes. Keep this in mind when packing clothing. Clothing that is loose fitting and modest must be worn.

3. Shorts are acceptable sometimes. They are NOT acceptable for any kind of church service, prison ministry, in the garbage dumps, or on street ministry. If they are worn they must come to at least the middle of your thigh and they cannot be spandex shorts.

4. Shirts- Women's shirts should be of modest length and not too tight fitting. The stomach should not be visible. Sleeveless shirts are not acceptable. Modest tank tops are acceptable sometimes but not all of the time. They are NOT acceptable in prison, on street ministry, or at the garbage dump. Spaghetti strap tank tops are unacceptable. For males, tight fitting muscle shirts are unacceptable except during a work projects. Loose fitting muscles shirts are acceptable sometimes. They are NOT acceptable in church, in prison, on the streets or in the garbage dumps.

5. Pants - For women capris and pants are acceptable. Yoga pants and other tighter fitting pants are acceptable. However, if you are planning on wearing tight fitting capris or pants, you should be sure your shirt pulls down over your bottom. No holey pants for church meetings.

6. Volunteers should bring some clothing that he/she doesn't mind getting ruined including an old pair of shoes.

7. For church meetings nice casual clothes are acceptable. If a female is going to wear a skirt or dress it must come to their knees. There will be occasions (not many) when skirts or dresses only are acceptable for a female so be sure to pack at least one skirt or dress. Shorts are not acceptable for church meetings for men or women. For men casual pants or nice jeans with a button up or a polo shirt. Keep in mind most churches do not have air conditioning. Holey pants are not acceptable for church.

8. There are occasions where you must wear long pants whether you are a male or female so be sure to pack long pants (garbage dump, jail, street ministry, church)

9. For shoes every team member must have at least one pair of running shoes that completely covers the foot. This is for your safety at work sites and in other locations such as the garbage dumps. Sandals and all other types of shoes are acceptable. You will be on your feet a lot and walking in places where you will want good supportive shoes.

10. Do not bring a lot of expensive jewelry or accessories.

11. Do not bring or wear any Chicago Bulls clothing, hats, jackets etc. In Honduras Chicago Bulls clothing is related to a very dangerous gang. Do not bring expensive shoes, particularly white Nikes with red logos. These can also cause problems with gang members.

12. If you are doing prison ministry please familiarize yourself with the dress guidelines for prison.

13. You may have the opportunity to swim. One piece or modest two piece bathing suits only for females. Swimming shorts for men.

FOR LA MOSQUITIA- Women must wear skirts below your knees in all church services and NO Shorts for women. For men NO shorts in churches. DO not bring anything valuable.